Good Morning

Served Daily 8am -11am

THE PORCH at FRIARS BAY INN & COTTAGES

Captain 24

2 eggs your style served with 2 bacon strips, 2 sausage, bologna, fresh cut homefries, slice of french toast or fish cake, and toast

First Mate 20

2 eggs your style served with 2 bacon strips, 2 sausage, bologna, fresh cut homefries and toast.

Deck Hand 18

2 eggs your style, choice of bacon,bologna or sausage, fresh cut homefries and toast

Greenhorn 10

2 eggs your style and toast

Classic French Toast 3 Piece 15

Your choice of multigrain or sour dough. Hand dipped in our homemade french toast batter, grilled and served with syrup.

ADD real NB maple syrup 3

Fish Cakes

1 fish cake, 2 eggs your style with choice of toast 13

2 fish cakes, 2 eggs your style with choice of toast 17

1 fish cake 2 eggs your style choice of **bacon, sausage or bologna** and toast 20

add chow chow 1.5

Waffles

Homemade in house topped with real cream

Plain 8

Banana & Nutella 14

Loaded Fruit 16

ADD real NB maple syrup 3

no substitutions on above menu items

Omelettes

served with choice of toast **or** homefries

cheese 15

meat lover 19
cheese, bacon ham and sausage

veggie lover 19
cheese, tomato, onion, peppers and spinach

loaded 21
cheese, meats and veggies

Smoothies

Classic 8
banana, strawberry, vanilla yogurt

Hangover 9
pineapple, blueberry, apple juice vanilla yogurt

Big Green 9
spinach, pineapple, celery, vanilla yogurt

On the Lighter Side

Breakfast Sandwich 9

1 egg served with bacon, shaved ham or sausage and cheese on a english muffin, multigrain or sour dough

add another meat **or** double meat 3

add lettuce, tomato & mayo 3

add avocado 3

Avocado Toast 8

Avocado served on either multi grain or sourdough topped with everything bagel spice.

add an egg 3

Fresh Fruit Cup 10

seasonal fruit

Yogurt Parfait 14

seasonal fruit, yogurt and chia seeds or granola

Sides

Homefries	5
Fish Cake (1)	6
Toast	3
Real Maple Syrup	3
Meat	6
Piece of Fruit	2
French Toast (1)	6

Drinks

Drip Coffee	3
Hot Tea	3
Hot Chocolate	4
London Fog	6
Milk sm 2.5 lg	4
Juice (orange or apple)	3

Lemonade	6
Latte (plain)	6
-ask server about our syrups and specialty drinks	
Cold Brew	5.5

We acknowledge that The Porch is in the traditional unceded territory of the Peskotomuhkati of the Wabanaki Confederacy. We recognize them as the true keepers of the land where we work, eat and gather.

MENU

THE PORCH at FRIARS BAY INN & COTTAGES

Starters and Shareables

mozzarella sticks (5) 10
onion rings half 6 full 9
hot spinach dip 10
calamari 12
wings (6) 12
-ask server for sauce options

* Gluten Friendly *

Poutines

Traditional 10
gravy and cheese curd

Pulled Pork 18
pulled pork, gravy, cheese curd, coleslaw

Crispy Chicken 18
chicken, bacon, gravy

Loaded Fries

Classic 15
onion, tomato, bacon, cheese and sour cream

Dill Pickle 12
cheddar, shredded pickle, lemon dill sauce

add grilled chicken **or** 2 chicken fingers 6

Chili 15
chili, cheddar and sour cream

Fish and Chips

served with choice of potato and coleslaw
one piece 17
two piece 21
choice of tarter or sweet and sour
make your fries a fring for 2

Shrimp Dinner 20

pan fried shrimp served with choice of potato and coleslaw

Chicken Fingers 20

4 chicken tenders with choice of potato and coleslaw
choice of bbq or house sweet and sour

Soups and Salads

Soup of the Day
cup 6 bowl 9
add half a Grilled Cheese 5
or BLT 8

3 Bean Chilli
cup 9 bowl 12

house salad 1/2 6 full 9
caesar salad 1/2 9 full 12
add grilled chicken 6

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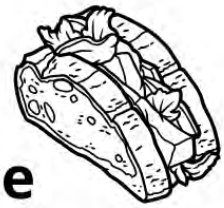
auto gratuity added for parties of 6 or more 18%

Handhelds



Hamburger 9

Cheeseburger 10

Deluxe Cheeseburger 15
bacon, lettuce, tomato

Porch Burger 18
bbq sauce, cheese curds, deep fried onion, pickles

Heat Wave Burger 18
bacon, pepper jack cheese, crispy onions, chipotle mayo

Pulled Pork Burger 14
bbq pulled pork, cheese, coleslaw

Fish Burger 14
lightly breaded haddock deep fried

Chicken Finger Burger 14
lettuce, tomato, mayo

Grilled Cheese 8
add ham or bacon 12
add pulled pork 14.5

Bacon Lovers BLT 14
bacon, lettuce, tomato and mayo

Clubhouse 18
sliced chicken or shaved ham lettuce, tomato, bacon, and cheese

Captain's Club 22
sliced chicken and ham, lettuce, tomato, bacon and cheese

gluten free bread available

add avocado 3
add fries and coleslaw 6.5
add frings and coleslaw 8.5

gluten free bun 1.5

Our burgers are 6oz grass fed beef from Prince Edward Island

Sides

fries or
sweet potato fries
full 8 half 5
coleslaw 4
extra sauce 2

Tacos

Fish or Shrimp (2) 18
fried haddock **or** grilled shrimp, coleslaw, red onion, tomato, avocado, red cabbage, choice of house spicy sauce or house dill sauce

Chicken Caesar (2) 18
chicken tender **or** grilled chicken, lettuce, bacon, parmesan, caesar dressing

Chicken Dill (2) 18
chicken tender **or** grilled chicken, lettuce, shredded dill pickle, cheddar, house dill sauce

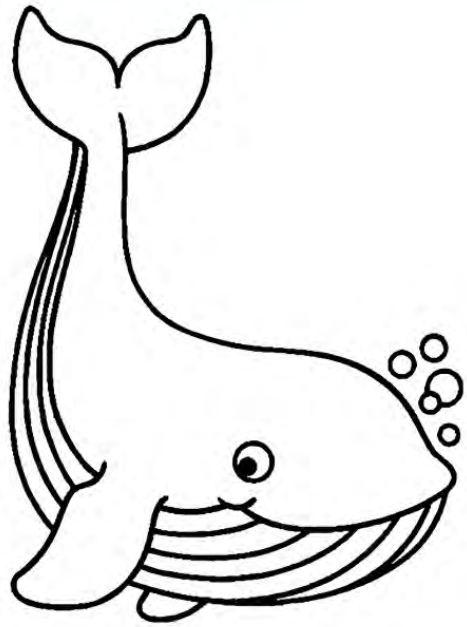
Drinks

Fresh Lemonade (no refill) 6
-ask your server about inclusions
Iced Tea 4
Soda 3
Drip Coffee 3
Hot Tea 3
Hot Chocolate 4
Latte (plain) 6
-ask your server about our syrups and specialty drinks
Cold Brew 5.5

KIDS MENU

THE PORCH at FRIARS BAY INN & COTTAGES

2 pc chicken finger and fries 10
1/2 grilled cheese and fries 9
hot dog and fries 9
served with juice box
NO REFILLS



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CAMPOBELLO
BEACH
ISLAND

LIGHTHOUSE
EAGLE
BAY

WHALE
OCEAN

SEAL
FISH